

Santa Barbara County Department of Social Services

How can we help you?

health

Health coverage

- **Medi-Cal** provides free or low-cost health coverage.
- **Covered California** provides low-cost health insurance. (We don't run this program, but we can help you apply.)



Food aid

- **CalFresh** helps you buy food, with a card that works like a debit card at the grocery checkout.
- We can provide referrals to other community food resources too.



security

Cash aid

- **CalWORKs** provides temporary cash aid and Welfare to Work services for families.
- **General Relief** provides temporary cash assistance and SSI advocacy or job services for individuals.



Job services

- **Workforce Resource Centers** provide career guidance, job search and job readiness services.
- **Job training** is available through the Workforce Innovation & Opportunity Act (WIOA).



safety

Child services

- **Child Welfare Services** responds to reports of child abuse or neglect, and helps strengthen families.
- **Resource Family** services provide shelter and care for children who cannot safely remain at home.



Adult services

- **Adult Protective Services** responds to reports of abuse or neglect of elderly or dependent adults, and guides them to helpful services.
- **In-Home Supportive Services** helps elderly or dependent adults live with dignity at home.



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What would you like to do?

Apply for benefits

Online

- To apply for Medi-Cal, CalFresh, General Relief or CalWORKs: www.MyBenefitsCalWin.org
- To apply for Covered California: www.CoveredCA.com

Main offices

- **Santa Barbara:** (805) 681-4401
234 Camino del Remedio
- **Santa Maria:** (805) 346-7135
2125 South Centerpointe Parkway
- **Lompoc:** (805) 737-7080
1100 West Laurel Avenue

Workforce Resource Centers

- **Santa Barbara:** (805) 568-1296
130 East Ortega Street
- **Santa Maria:** (805) 614-1550
1410 South Broadway

Check on my benefits

To check on your current benefits status or EBT balance:

Online

- Visit www.MyBenefitsCalWin.org

Phone

- Call our 24-hour automated information line: 1-(866)-404-4007.

In person

- Visit or call your nearest DSS office.

Get more information

Visit our website to learn more about our programs and services:
www.countyofSB.org/dss

Report abuse or neglect

Children

To report abuse or neglect of children:

- Call Child Welfare Services toll-free: (800) 367-0166.
- If the child is in immediate danger, call 911.

Elderly or dependent adults

To report abuse or neglect of elderly or dependent adults:

- Call Adult Protective Services toll-free: (844) 751-6729 (Mon-Fri, 8am-5pm).
- After hours or on holidays, call Sheriff's Dispatch: (805) 692-5744.
- For abuse in skilled nursing/residential care facilities, call the Long-Term Care Ombudsman: (805) 922-1236.
- If the individual is in immediate danger, call 911.