

## Email the Governor Today and Ask Him to Sign AB 290 into Law *Foundations for Healthy Nutrition in Child Care*

| 3 Simple Steps |

**Step 1: Use this link to access a form that is emailed to the Governor's office.** [link](#)

Fill out the form with your name and email address. Under the "Please Choose Your Subject" tab, scroll down and select "AB00290\Child day care: childhood nutrition training." Click continue.

**Step 2: Select your position ("Pro") and add your short message.** Use the template below or write up your own using your personal narrative about why AB 290 is important to you.

Dear Governor Brown,

My name is (name) and I live in (city), California. I'm emailing to urge your to sign AB 290, which would add 1 hour to the Preventive Health and Safety training in order to educate newly-licensed child care providers about the importance of childhood nutrition and the resources available through the Child and Adult Care Food Program (CACFP).

Choose one of the following or add your own:

- ▶ Good nutrition starts early; AB 290 helps young children develop healthy eating habits.
- ▶ 1 of 4 low-income preschool-aged children in California is overweight or obese. AB 290 reinforces California's commitment to helping our children grow up healthy.
- ▶ Child care providers are uniquely positioned to influence the health of our youngest residents. Provider education is a fundamental strategy to improve the nutritional quality of foods served in child care.
- ▶ Child care providers deserve to know about the benefits of CACFP. AB 290 ensures that this information is shared with newly-licensed providers.
- ▶ Eating healthy foods in child care prepares preschoolers to embrace the healthy foods being served in elementary school and beyond.
- ▶ AB 290 is a bi-partisan and unanimously supported effort to improve the nutrition environments in California's licensed child care

Sincerely,

Name, Organization

**Step 3: Ask 5 friends to send emails too and tweet about your action** ([@CAFoodPolicy](#))

**Questions?** Contact [Elyse Homel Vitale](#) at 510.433.1122 ext. 206

