

## Call the Governor Today and Ask Him to Sign AB 290 into Law *Foundations for Healthy Nutrition in Child Care*

### | 3 Simple Steps |

**Step 1: Prepare your short statement.** Use the script below or write up your own using your personal narrative about why **AB 290** is important to you.

*"Hi, my name is (name) and I live in (city), California. I'm calling to urge Governor Brown to sign AB 290, which would add 1 hour to the Preventive Health and Safety training in order to educate newly-licensed child care providers about the importance of childhood nutrition and the resources available through the Child and Adult Care Food Program (CACFP)."*

Choose one of the following or add your own:

- ▶ Good nutrition starts early; AB 290 helps young children develop healthy eating habits.
- ▶ 1 of 4 low-income preschool-aged children in California is overweight or obese. AB 290 reinforces California's commitment to helping our children grow up healthy.
- ▶ Child care providers are uniquely positioned to influence the health of our youngest residents. Provider education is a fundamental strategy to improve the nutritional quality of foods served in child care.
- ▶ Child care providers deserve to know about the benefits of CACFP. AB 290 ensures that this information is shared with newly-licensed providers.
- ▶ Eating healthy foods in child care prepares preschoolers to embrace the healthy foods being served in elementary school and beyond.
- ▶ AB 290 is a bi-partisan and unanimously supported effort to improve the nutrition environments in California's licensed child care

*Thank you for your time.*

**Step 2: Dial (916) 445-2841.** This is the line to the Governor's office.

Depending on how busy the phone lines are, you will either give your prepared message (Step 1) to a live person or leave your message in response to a pre-recorded answering service.

**Step 3: Ask 5 friends to make calls too and tweet about your action** ([@CAFoodPolicy](https://twitter.com/CAFoodPolicy))

**Questions?** Contact [Elyse Homel Vitale](mailto:Elyse.Homel.Vitale@californiafoodpolicyadvocates.org) at 510.433.1122 ext. 206

