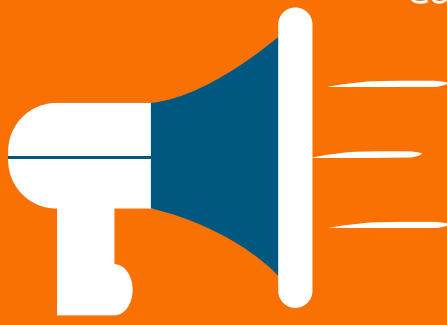


TODAY IS INTERNATIONAL OLDER ADULTS DAY!

So let's talk about a pressing issue facing many of California's low-income older adults



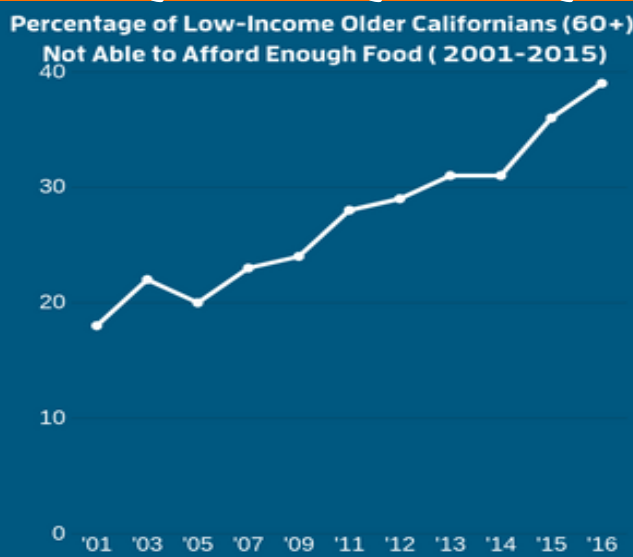
Food Insecurity

WHAT WE KNOW:



The number of older Californians with limited, uncertain, or inconsistent access to the quality and quantity of food they need to live a healthy life continues to grow at an alarming rate.

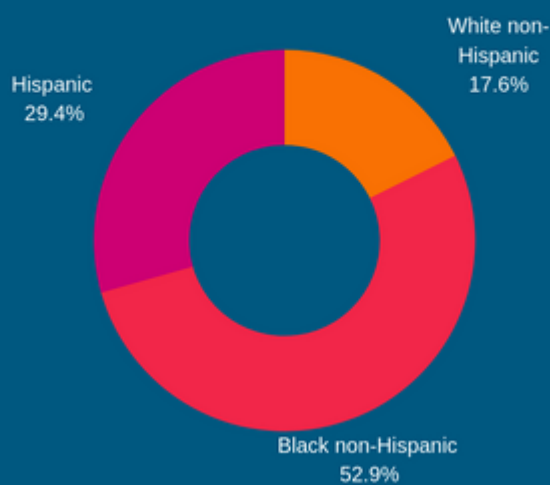
Food insecurity among low-income older adults went up 21% over the last fifteen years.



WHO IS MOST VULNERABLE ?

California's older adults are becoming more racially and ethnically diverse

Food insecurity is correlated with race and ethnicity. Latinx and Black Americans have the highest rates of food insecurity.



Of the 20% of all households experiencing very low food security Source: United States Department of Agriculture. (2017)

LET'S TALK SOLUTIONS

Several factors play a role in decreasing the risk of food insecurity among older adults. Increasing access to CalFresh remains one of the most promising solutions. While we know CalFresh has the ability to reduce food insecurity, the vast majority of older adults eligible for the program are not participating. Check out how our state rates.



Click here and read some of our ideas to increase California's low CalFresh participation

% of eligible older adults benefiting from SNAP/CalFresh in an average month FY2015
Source: USDATrends in SNAP
Click here to interact
<https://frac.org/research/resource-library/snap-map-snap-matters-to-seniors>

California Food Policy Advocates

Want to stay up to date on policies that impact older adults food insecurity in California?



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